
CASE REPORT

HYPERGLYCINEMIA



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CASE

A 3-years-old girl

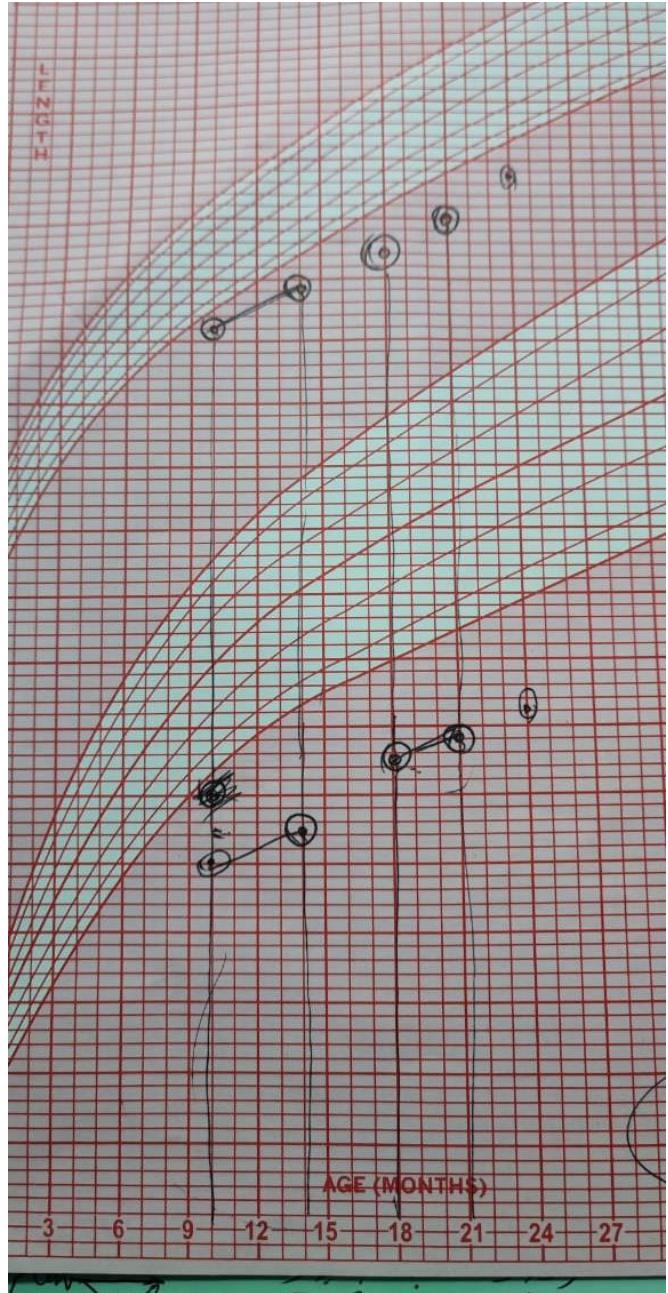
CC:

- Short stature
- Developmental delay
- Generalized edema
- Her signs & symptoms began at 5 months of age with:
 - Inability to hold her head up
 - Mild hypotonia
 - Regression of her developmental milestones.



PAST MEDICAL HISTORY

- Born by C/S due to maternal GDM
- GA:37 wk
- Birth weight: 3.550 kg.
- No history of asphyxia or any difficulty in the newborn period
- Her attention and verbal development were quite normal until the first year of age
- She was not able to stand up or walk until 2 years



Height and weight were – 3 SD
Poor catch-up growth

Family history

- First cousin
- Hypothyroidism and GDM in mother
- No CNS abnormality
- No history of abortion or still birth

Past medical history

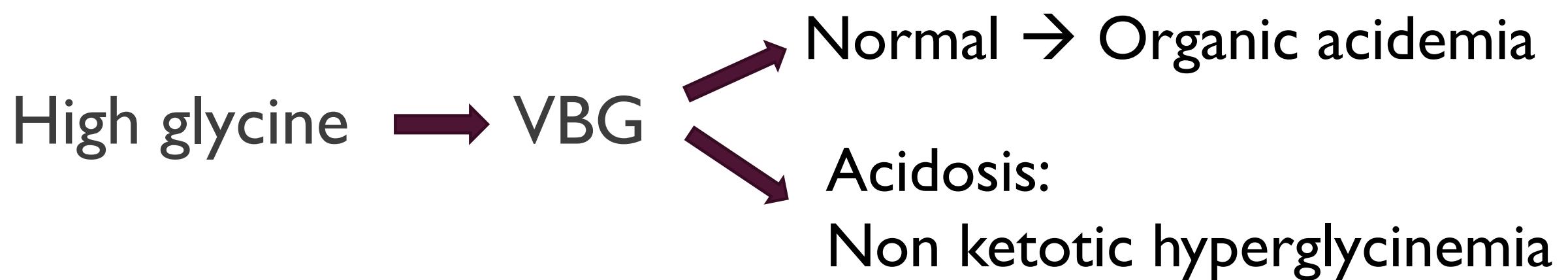
- Newborn metabolic screening was normal
- Urine organic acid Normal
- Acylcarnitine Profile Normal

At the age of 1 year

- Urine amino acid profile → Excessive amount of glycine 1712 (normal 105-403)
- Plasma amino acid chromatography → Normal.
- VBG → Normal

After one year

- Plasma Glycine Level → 581 (normal 135-350) ($\times 1.6$)
- Urine Glycine → 1932 (normal 105-403) ($\times 4.6$)
- Other amino acids were within the normal limit



Treatment for NKH

- Low glycine diet
- Folinic acid
- Sodium benzoate
- Referred for measurement of glycine in CSF
- Genetic study recommended

CSF →

<i>Entry</i>	<i>Compound</i>	<i>Amount (umol/L)</i>	<i><1 Month</i>	<i>1-23 Month</i>	<i>2-17 Years</i>	<i>>18 Years</i>
1	<i>Aspartate</i>	1	≤3	<1	<1	≤2
2	<i>Glutamate</i>	3	1-9	≤5	≤11	1-13
3	<i>Serine</i>	51	30-88	22-61	15-62	15220
4	<i>Glutamine</i>	534	525-1583	386-742	377-1738	361-1175
5	<i>Histidine</i>	12	8-32	4-25	7-25	7-22
6	<i>Glycine</i>	8	3-26	≤12	≤13	≤10
7	<i>Threonine</i>	21	23-104	10-55	8-85	12-64
8	<i>Citrulline</i>	3	1-4	≤3	1-2	≤2
9	<i>Argenine</i>	24	2-27	7-32	9-31	10-32
10	<i>Alanine</i>	29	13-50	8-48	5-62	1-107
11	<i>Tyrosine</i>	15	9-41	5-20	5-32	5-18
12	<i>Methionine</i>	2	2-14	1-7	≤9	1-8
13	<i>Valine</i>	18	11-31	8-19	2-37	7-42
14	<i>Tryptophane</i>	3	≤6	≤8	1-5	≤9
15	<i>Phenylalanine</i>	13	4-31	4-14	≤25	6-31
16	<i>Isoleucine</i>	4	3-11	3-7	2-13	3-10
17	<i>Ornithine</i>	3	≤26	≤5	≤5	≤14
18	<i>Leucine</i>	11	7-22	7-12	8-27	9-32
19	<i>Lysine</i>	20	6-38	3-29	9-58	19-60

One month later

- Irritability
- Loss of concentration
- Bizarre movement of the hand
- One episode of seizure

Admitted to hospital and sodium benzoate discontinued
Phenobarbital for seizure

New symptoms

- Inability to stand
- Generalized edema
- Autism

Biochemistry

Test
Total Protein

Result
2.72

Albumin

1.54

Urine

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Ref value</u>
Complete Urinanalysis			Microscopic
Macroscopic			
Color	Yellow		WBC 25-30
Appearance	Semi Turbid		RBC 35-40
pH	6		Epithelial 8-10
Sp.Gravity	1010	gr/cc	Bacteria Moderate
Protein	4+		Mucus Many
Blood/Hb	3+		Crys
Glucose	Weakly Positive		
Ascorbic Acid	Negative		Cast
Urobilinogen	Negative		
Bilirubin	Negative		
Nitrite	Negative		Granular 3-4
Ketone	Negative		Hvaline 0-1

Biochemistry

Test
LDL *

Result
345

Lipid profile

- Total cholesterol: 957 mg/dl
- Triglyceride: 2596 mg/dl
- HDL: 34 mg/dl
- LDL: 306 mg/dl

Nephrotic syndrome → prednisolone

Cyclosporine for 6 month

Genetic study

Results: Final ■ Preliminary □

Revised □

Patient name& ID	Gene & transcript	Variant	Zygosity	ACMG Classification	Inheritance
Narges Nourmohamadi *****51067	<i>GLYAT</i> NM_201648	c.322C>T p.Q108X	Homozygous	VUS	?
Masoud Nourmohamadi *****42702			Heterozygous		
Zahra Nourmohamadi *****26220			Heterozygous		

Interpretation: According to the results **Masoud Nourmohamadi** and **Zahra Nourmohamadi** are **Heterozygous** and **Narges Nourmohamadi** is **Homozygous** for variant **c.322C>T** in ***GLYAT*** gene. Mutation in this gene is associated with **Glycine N-acetyltransferase deficiency**. This variant has not been previously reported. The frequency of this variant in normal population is very low. With a CADD score of 40

Comment: For this family genetic counseling is recommended.

Glycine N-acyl transferase (GLYAT)

- GLYAT was first identified in bovine liver in 1953
- It was subsequently isolated and characterized from human liver in 1976
- Mawal and Qureshi (1994) characterized human GLYAT and its substrate specificity
- The monomeric enzyme had an apparent molecular mass of 30 kD.

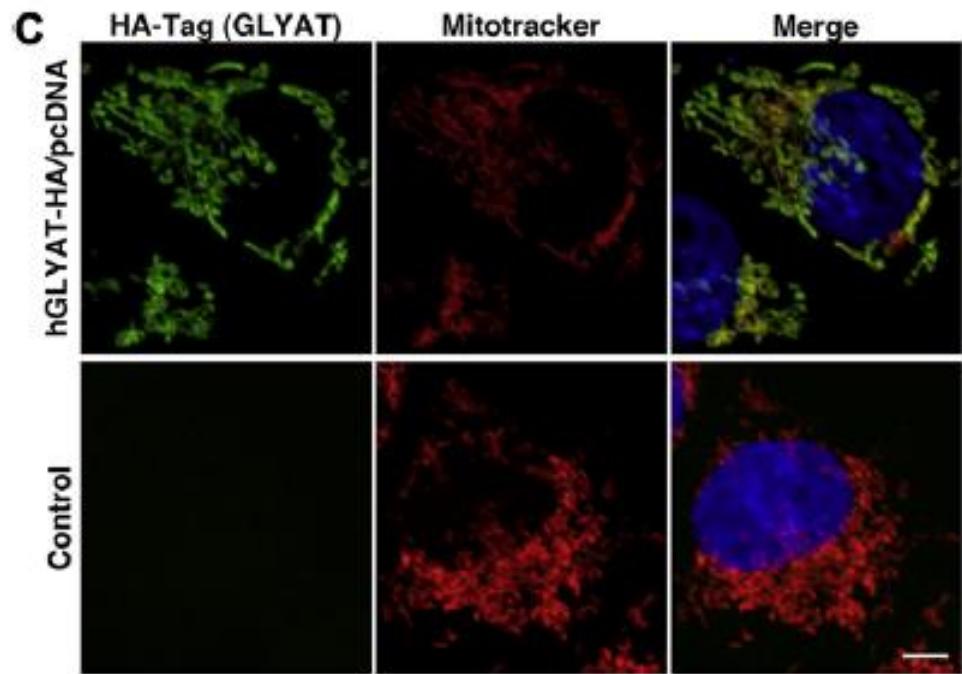
Substrate	Human ACGNAT	
	Km*	Vmax**
Benzoyl CoA	57.9	17.1
Salicyl CoA	83.7	10.1
Isovaleryl CoA	124	7.64
Octanoyl CoA	198	3.3

Mawal and Qureshi, *Biochem. Biophys. Res. Commun.* 1994; 205: 1373-1379.

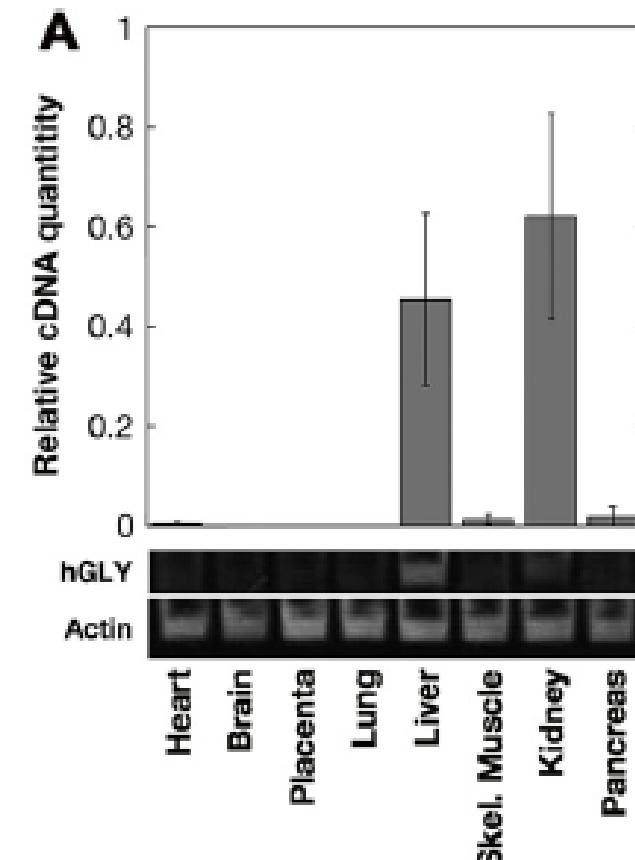
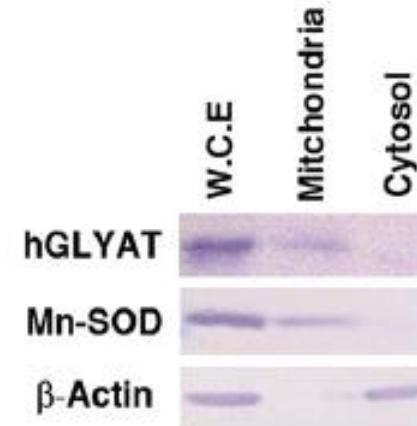
GLYAT substrates

- Benzoate
 - ~83 - 90% of ingested benzoate is excreted as glycine conjugates
- Salicylate
 - ~75- 84% of ingested salicylate is excreted as glycine conjugates
- Isovaleric acid
- Octanoyl CoA
- Short chain fatty acids
- Phenyl acetate
- Indoleacetic acid
-

Tissue and cell distribution



D

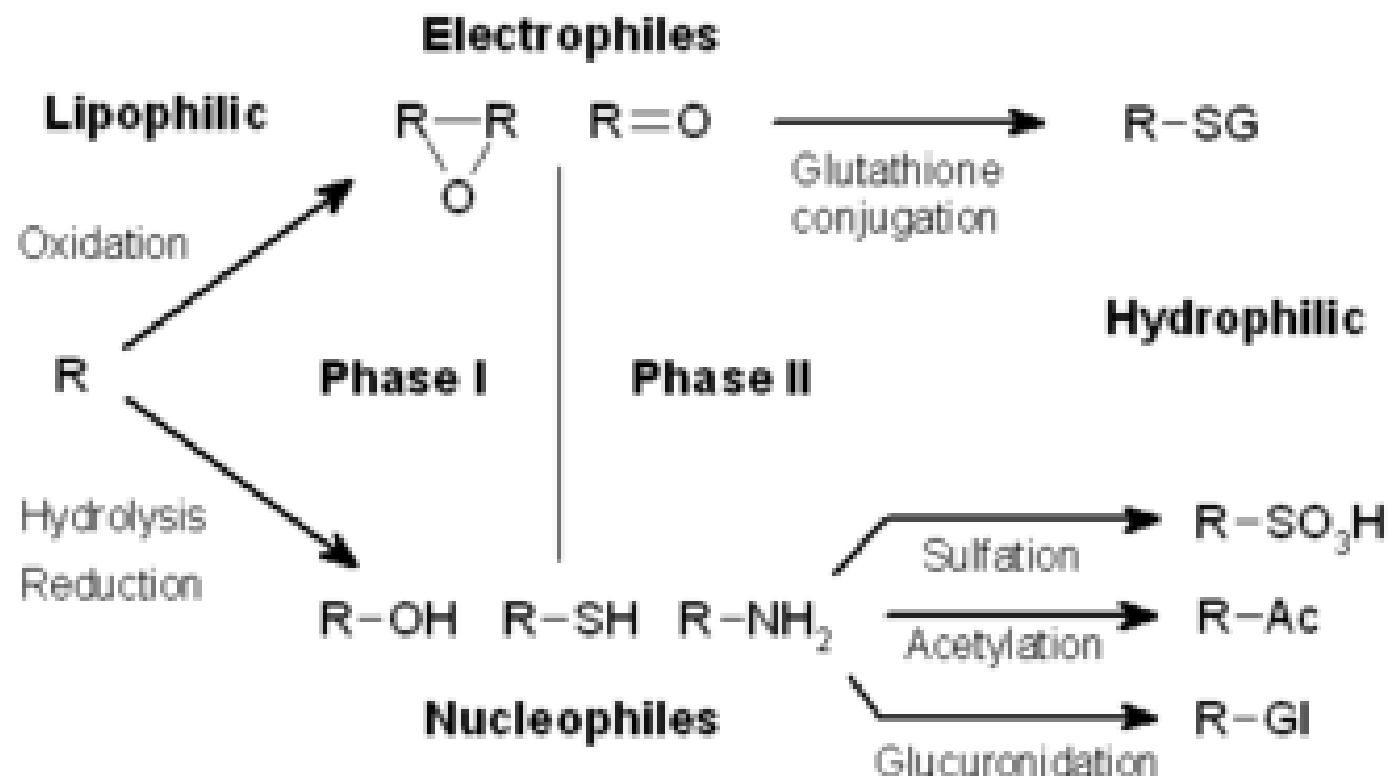


Metabolic processes of GLYAT

- Acyl-Co A metabolism
- Benzoyl-Co A metabolism
- Glycine metabolism
- Monocarboxylic acid metabolism
- Response to toxic substance; detoxification
- Xenobiotic metabolic process

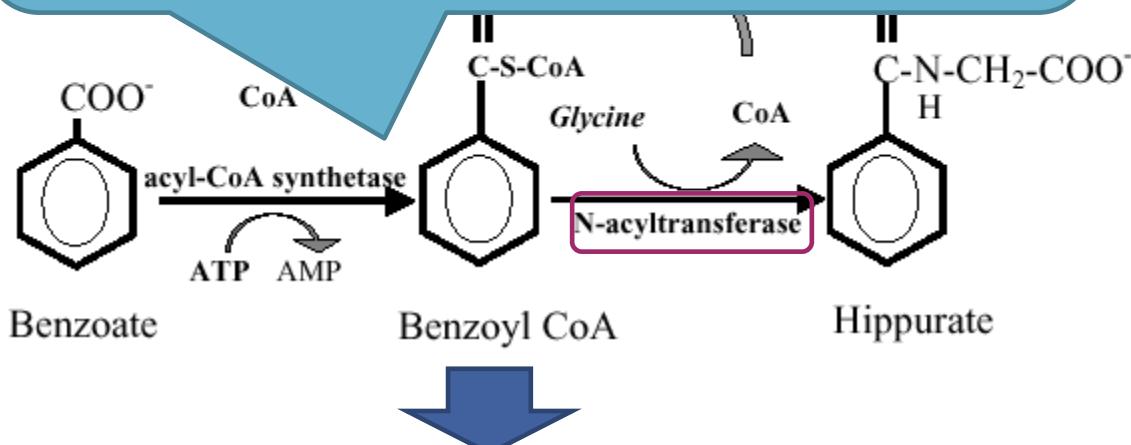
Different types of conjugation reactions

Conjugation	Group in xenobiotic
Glucuronidation	-OH, -COOH, -NH ₂
Sulfatation	-OH, -NH ₂ , -SH
Methylation	-OH, -NH ₂
Acetylation	-OH, -NH ₂
By GSH	Ar-halogen
By amino acid	-COOH

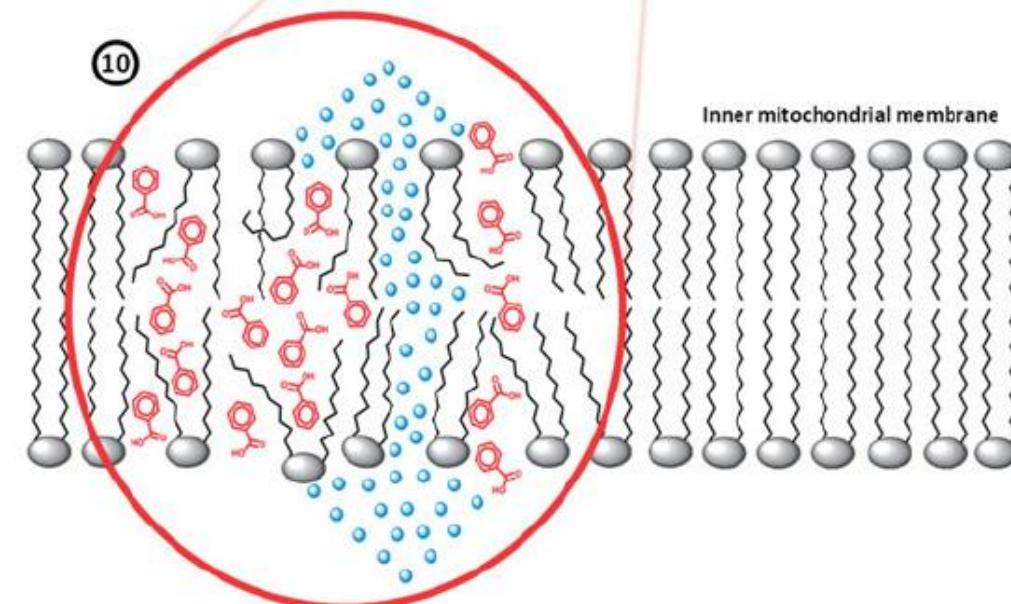
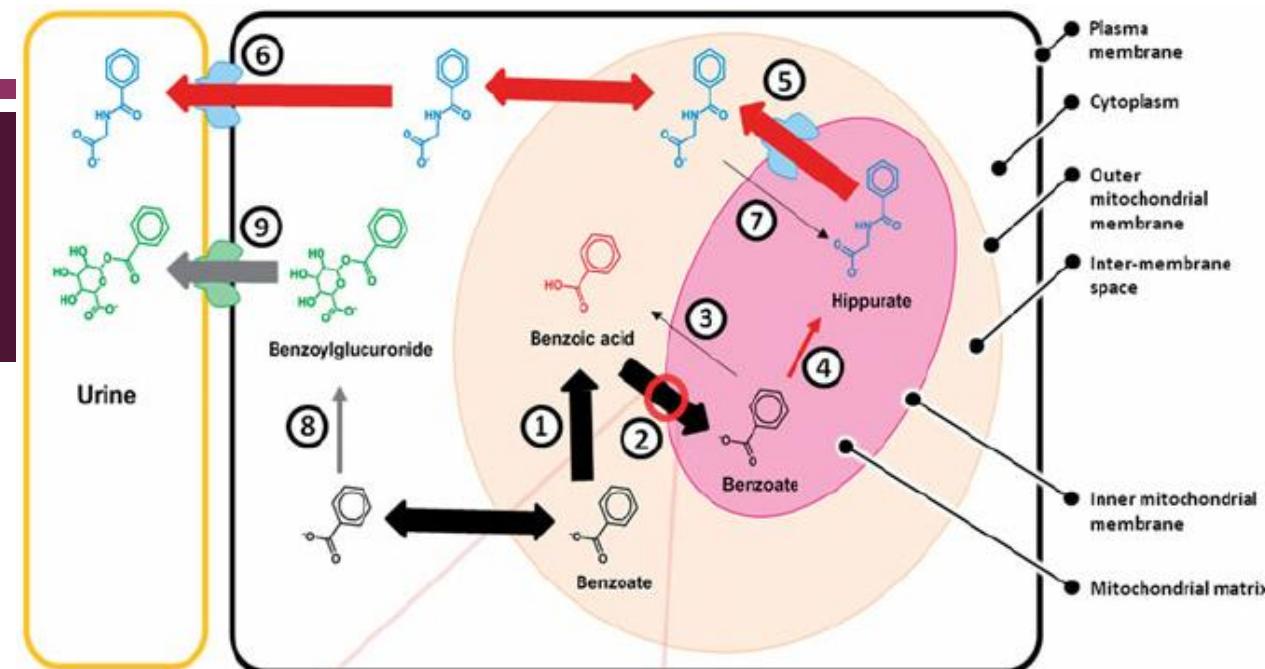


Detoxification of Benzoate

Most xenobiotics that undergo glycine conjugation are activated by the mitochondrial medium-chain ligases, which also activate C4-C12 acids for β -oxidation



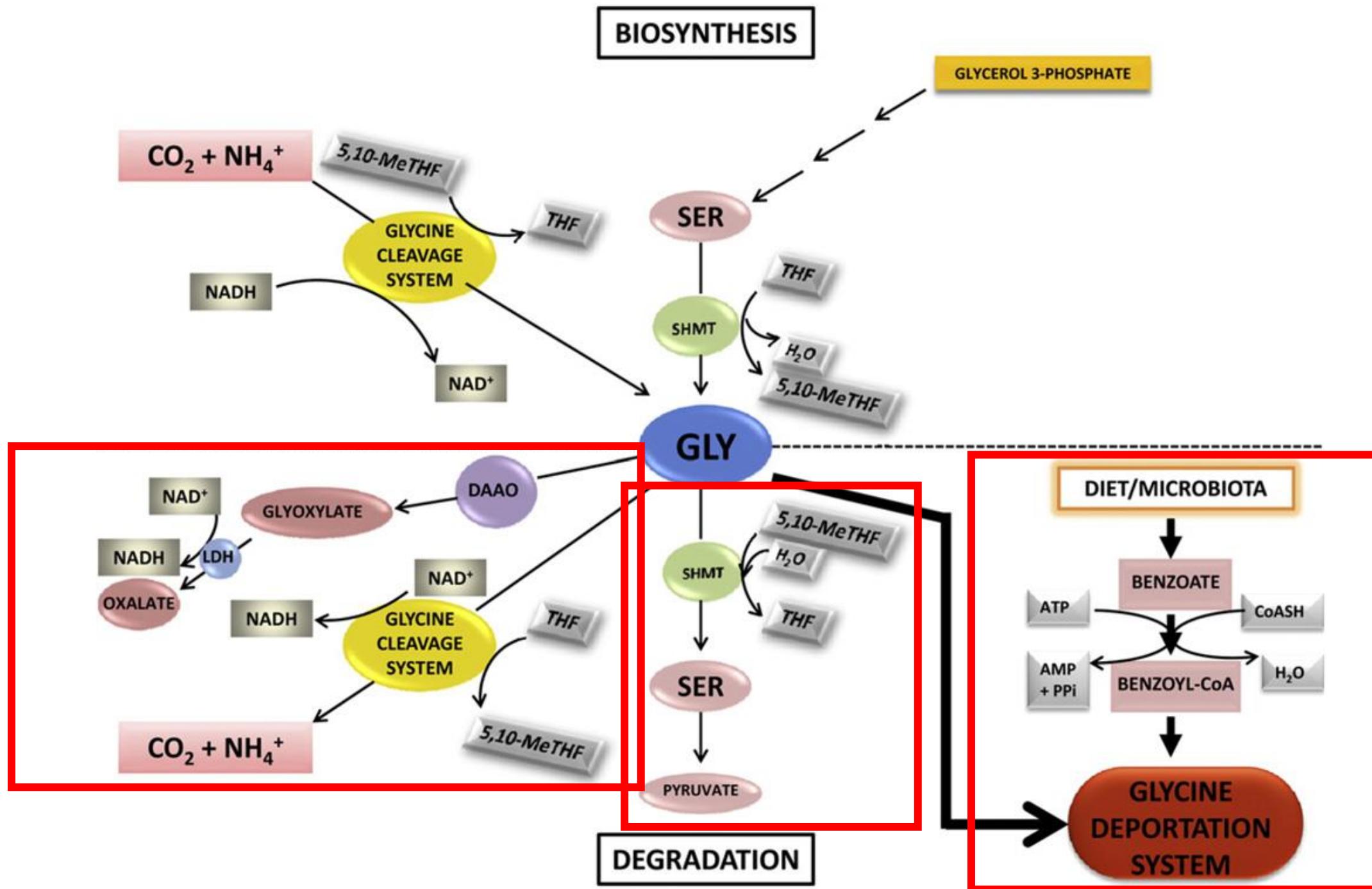
mitochondrial accumulation of
xenobiotic acyl-CoA esters may interfere
with β -oxidation and disturb
mitochondrial metabolism

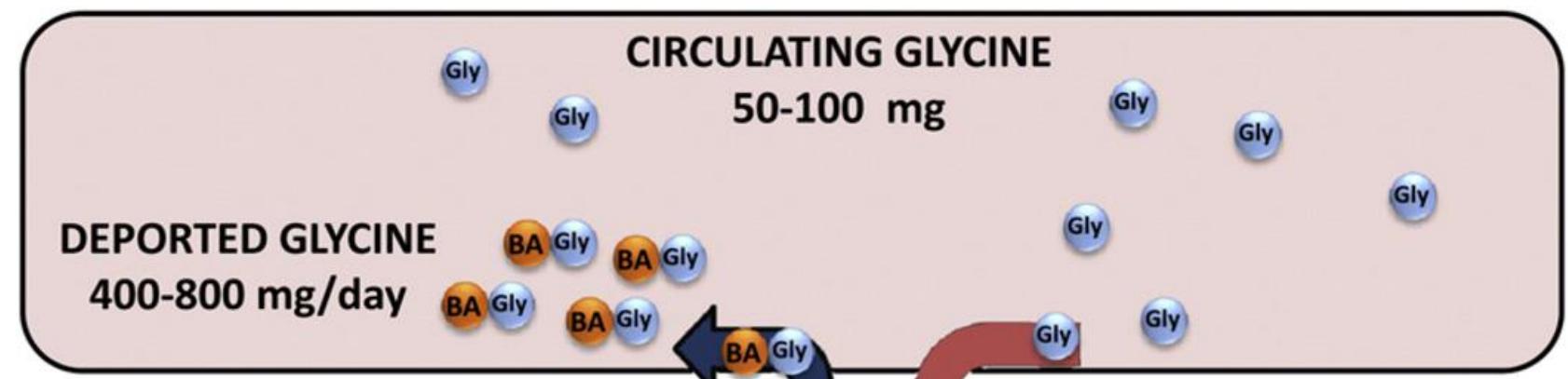


- Plasma membrane
- Cytoplasm
- Outer mitochondrial membrane
- Inter-membrane space
- Inner mitochondrial membrane
- Mitochondrial matrix

The metabolic role of glycine conjugation

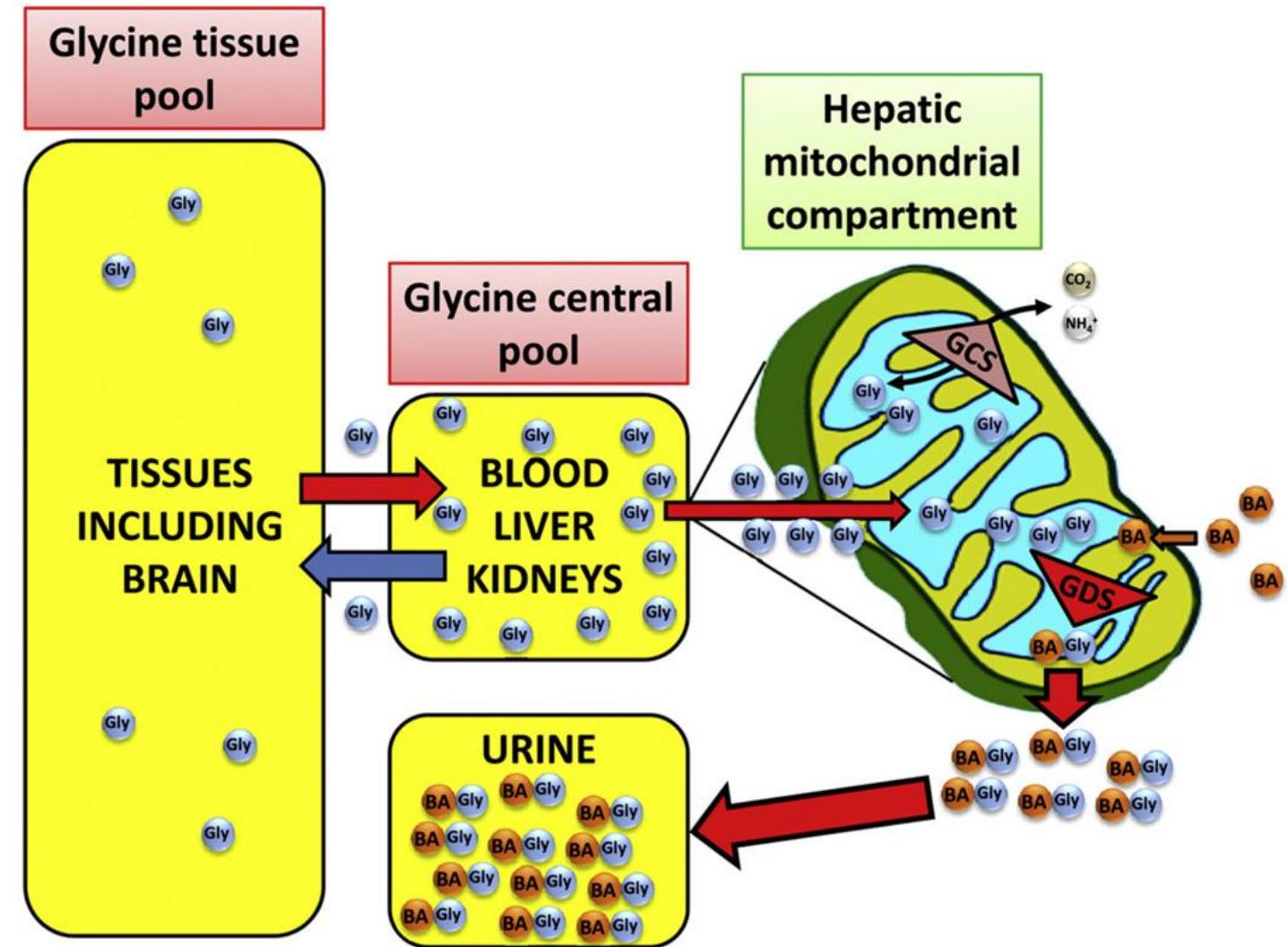
- Facilitating the excretion of xenobiotics
- Restoration of CoASH levels
- Homeostasis of glycine





Quantitative aspects of the fate of glycine

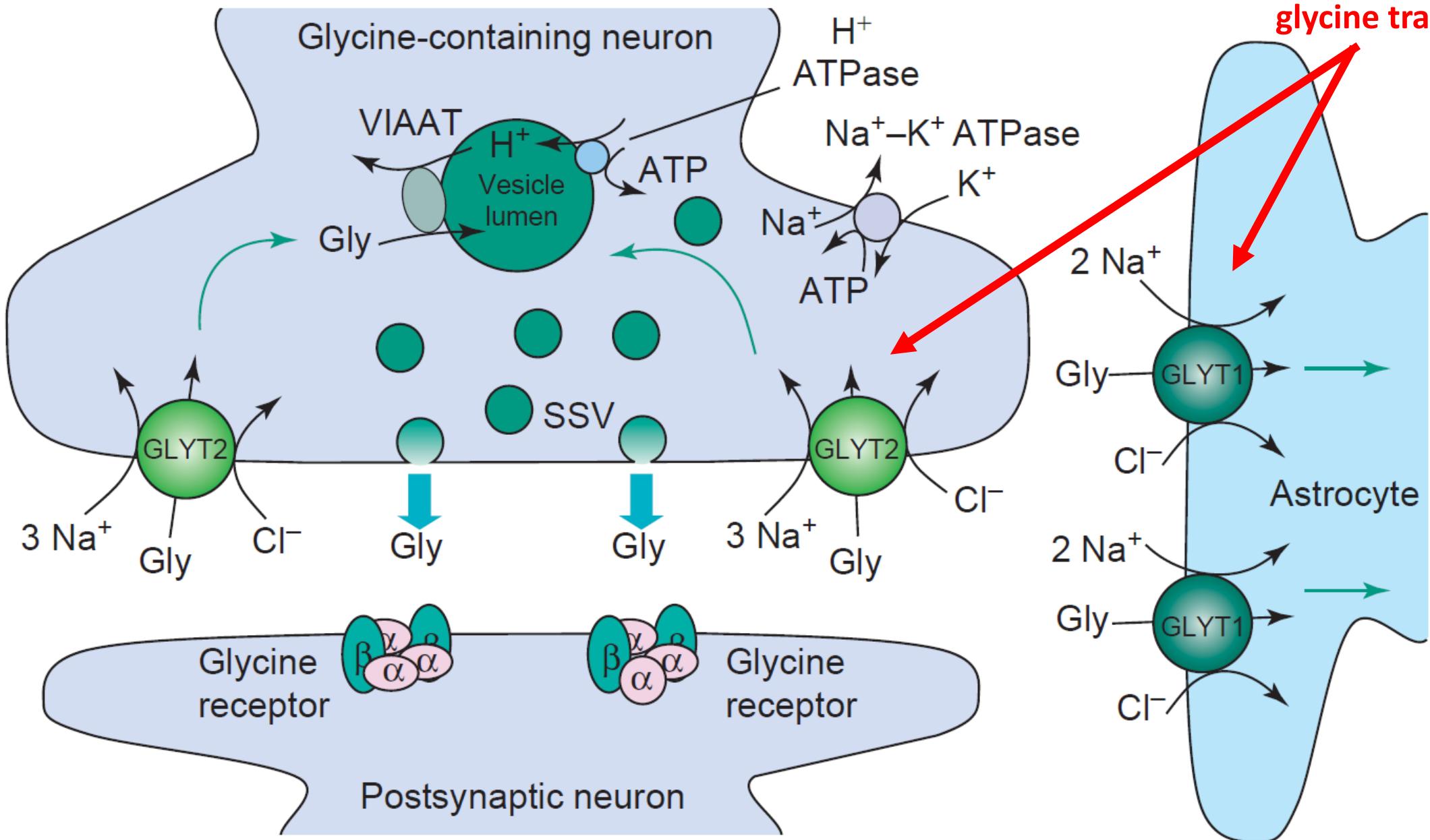
Glycine (GLY) molecules in tissues such as brain and muscle form part of a large volume compartment which is in equilibrium with a smaller central compartment that comprises the blood, liver, and kidneys where GLY is both synthesized and removed, both by metabolism and deportation into urine.



Glycine

- Glycine is the major inhibitory neurotransmitter in posterior areas of the vertebrate CNS.
- Glycine acts as an essential co-agonist of glutamate at NMDA receptors

Plasma membrane glycine transporters

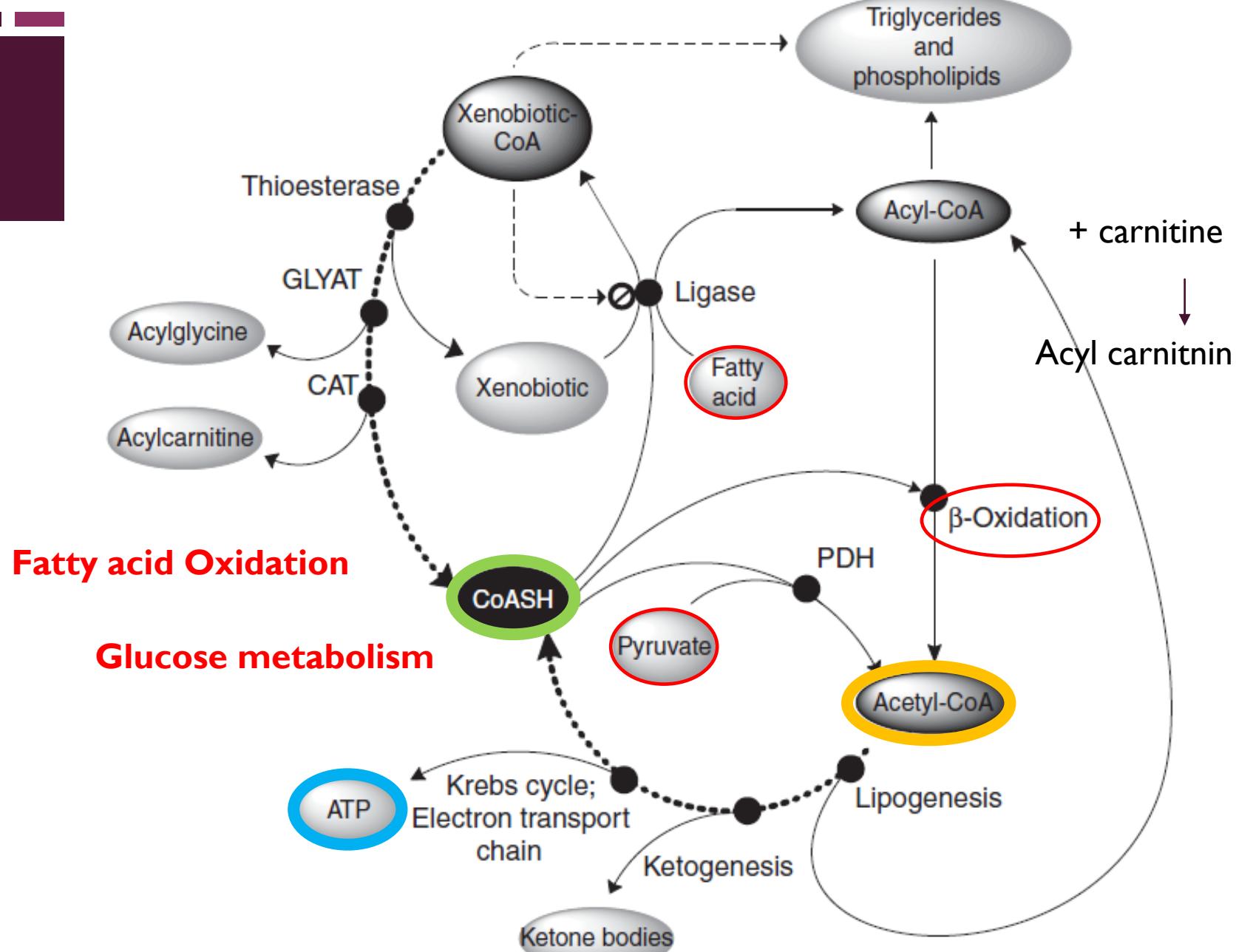
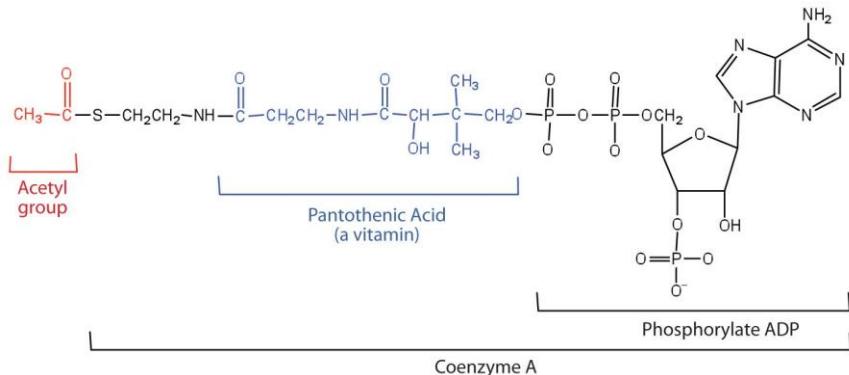


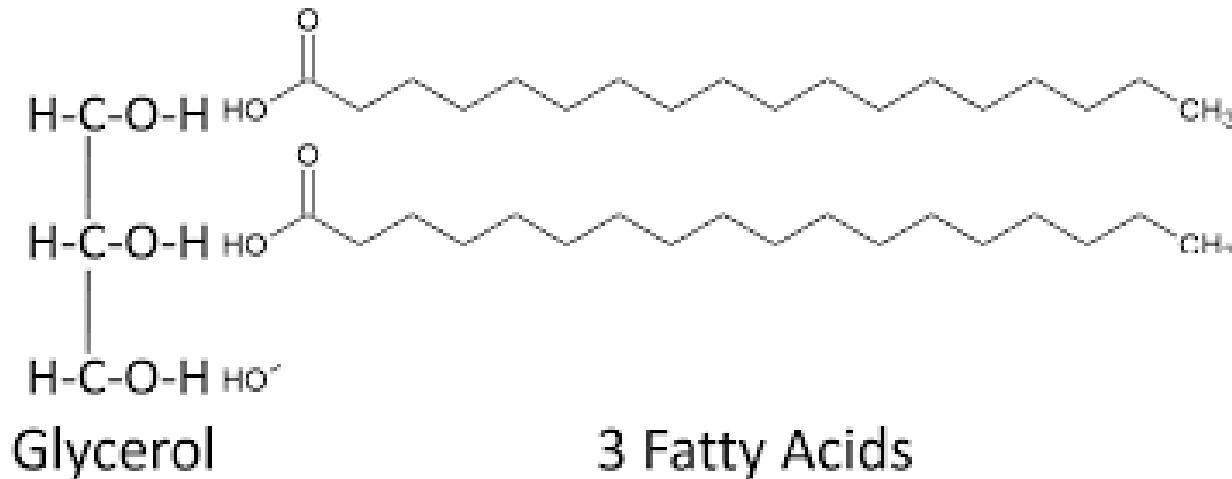
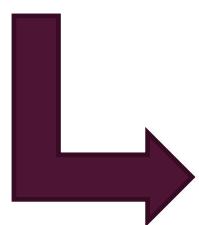
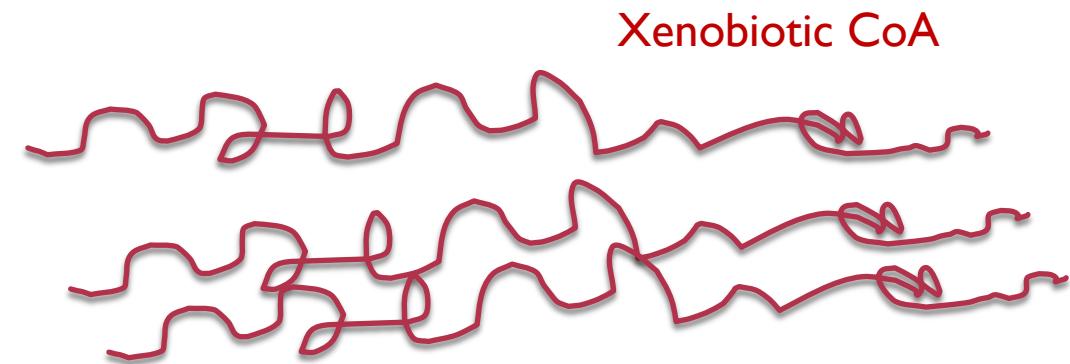
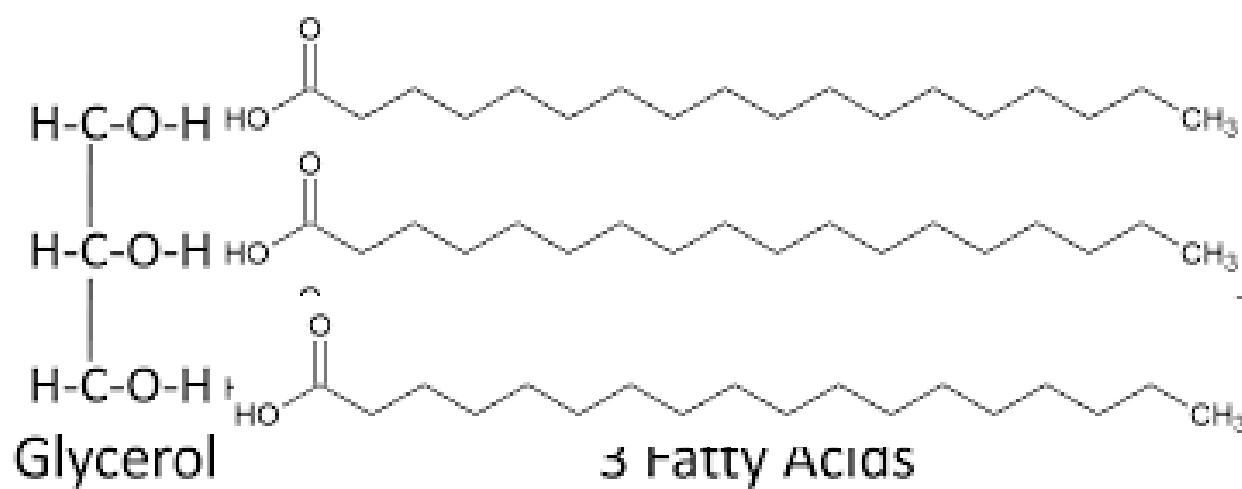
Mechanisms of acyl-CoA toxicity and pathogenesis

- I. Depletion of CoASH**
- 2. Toxic effects of accumulating acyl-CoAs**

Depletion of CoASH

- Role of Coenzyme A in metabolism





Accumulating acyl-CoAs

I. Depletion of carnitine

- When an acyl-CoA accumulates to high enough amounts, it may become a substrate for **carnitine acyltransferases**, resulting in the formation of an **acyl-carnitine** that can be excreted in the urine

2. Substitution for acetyl-CoA in lipogenesis

- Resulting in odd-chain, branched-chain, aromatic, and other unnatural fatty acids, which cannot be properly catabolized and may be incorporated into cell membranes
- It has also been shown that 2-arylpropionyl-coa esters, metabolites of NSAIDS, can be incorporated into adipocyte triglycerides

3. Inhibition of enzymes by acyl-CoAs (competitively or allosterically)

- Protein kinase C activity (important in signal transduction) is perturbed by ciprofibroyl-coa, a metabolite of the hypolipidaemic drug ciprofibrate
- Propionyl-coa, at high concentrations, inhibits formation of n-acetylglutamate by n-acetylglutamate synthetase, resulting in urea cycle dysfunction and hyperammonemia

4. Function of acyl-CoAs as bioactive lipids

Conclusions

- GLYAT is the enzyme responsible for glycine conjugation of the Acyl-CoA esters of several xenobiotic organic acids.
- GLYAT activity affects
 - Toxicity of various organic acids.
 - Mitochondrial ATP production
 - Glycine availability and homeostasis
 - CoASH availability

Plasma Amino Acid Multiple Analysis

Amino Acid	Res.	Refere.	Amino Acid	Res.	Refere.
Aspartic acid	5	0-24	Alanine	184	210-661
Glutamic acid	138	14-192	Tyrosine	34	22-87
Asparagine	32	30-69	Tryptophane	11	25-191
Serine	119	65-193	Methionine	16	6-40
Histidine	32	32-107	Valine	241	141-317
Glutamine	609	369-711	Phenylalanine	25	48-109
Arginine	64	21-138	Isoleucine	59	37-98
Citruline	42	10-45	Leucine	85	75-175
Glycine	507	120-554	Ornithine	37	28-110
Threonine	85	79-193	Lysine	162	83-238

Notice: Reference value reported in the paper is related to the adult and interpretation in different ages refer



Outcome of Treatment

Improvement in

- Amino acid profile
- Lipid profile
- Height velocity
- Cognition and behavior and developmental milestones

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Thank you for your attention

