

*In the Name of God*  
*Tehran University of Medical Sciences*  
*(Endocrine and Metabolic Research Center)*  
*Curriculum Vitae*

**Personal Information:**

**Name:** Heshmat Moayeri

**Qualification:** Pro. Of Pediatrics Endocrinology

**Marital status:** Married                      **Children:** 1

**Nationality:** Iranian

**Date of birth:** 1959                      **Place of birth:** Ghom city

**Address:**

\* Department of Pediatrics, Imam Hospital, Keshavarz Blvd.Tehran, Iran.

**Tel:** +98-21-88004446

E-mail: [hmoayeri@softhome.net](mailto:hmoayeri@softhome.net)

**Fax:** +98-21-88270902

and hmoayeri-endo@yahoo.com

**University Education:**

\* **M.D.**

1986

Isfahan University of Medical Sciences and Health Services

\* **Pediatrics ( Specialty)**

1989

Tehran University of Medical Sciences and Health Services

\* **Pediatrics Endocrinology ( Subspecialty)**

1992

Iran University of Medical Sciences and Health Services

### **Major administrative responsibilities:**

- \* Member of research council, faculty of medicine
- \* Director of children's diabetes treatment committee in Endocrine and Metabolism Research Center, Imam Hospital
- \* Director of Pediatric Endocrine Ward and Clinic in Imam Hospital, Tehran University of Medical Sciences
- \* Manager of " Research Center for Endocrine Diseases in Thalassemic Patients"
- \* Manager of " Research Center for Growth Disorders in Rheumatoid Arthritis Patients"
- \* Member of board consultant of more than 10 Iranian Journal

### **Memberships:**

- \* Member of Iranian Society of Pediatrics
  - \* Member of Iranian Society of Endocrinologists
  - \* Member of Iranian Pediatrics Endocrinology subspecialty examination board.
- Member of European Society of Pediatric Endocrinology (ESPE)**

### **Scientific Experiences:**

- \* Thesis Supervision: 22 theses (as conductor ) and 10 theses as advisor
- \* Participation in 38 research projects ( as principle investigator or colleague)
- \* Director of " Tehran Adolescents Obesity Study "

### **Teaching Experiences:**

- \* Professor of pediatrics Endocrinology. Department of Pediatrics. Faculty of Medicine. Tehran University of Medical Sciences and Health Services, Tehran, Iran
- \* 17 Years of teaching experience

### **Work Experiences:**

- \* 20 Years of professional experience ( as a physician)
- \* Cooperation to establish the pediatric Endocrine Department for education and training of Pediatrics Endocrine Fellow in Tehran university of Medical Sciences.

## Publications: (2000- present)

### A- Papers:

1. **Moayeri H**, Bidad K, Aghamohammadi A, Rabbani A, et al. ***Overweight and obesity and their associated factors in adolescents in Tehran, Iran, 2004-2005.*** Eur J Pediatr. 2006 Jul; 165 (7): 489-93.
2. **Moayeri H**, Bidad K, Zadhoush S, Gholami N, Anari S. ***Increasing Prevalence of iron deficiency in overweight and obese children and adolescents.*** Eur J Pediatr. 2006 Nov; 165(11):813-4.
3. Bidad K, Anari S, Aghamohammadi A, Pourpak Z, **Moayeri H.** ***Prevalence of asthma related to BMI in adolescents in Tehran, Iran, 2004-2005.*** Eur J Pediatr. 2006 Oct; 165(13).
4. **Moayeri H**, Oloomi Z. ***Prevalence of growth and puberty failure with respect to growth hormone and gonadotropins secretion in beta- thalasemia major.*** Arch Iran Med. 2006 Oct; 9(4):329-34.
5. **Moayeri H**, Dalili H. ***Prevalence of microalbuminouria in children and adolescents with type I diabetes mellitus.*** Acta Medica Iranica. 2006; 44(2), 105-110.
6. **Moayeri H**, Oloomi Z. ***Prevalence of autoantibodies to thyroid peroxidase and autoimmune thyroid diseases in girls with Turner's Syndrom.*** Acta Medica Iranica. 2006;44(3).
7. **Moayeri H**, Aghighi Y. ***Prevalence of hyperlipidemia in a group of obese adolescents in Tehran.*** Med J of Iran Red Crescent. 2006 Jan; 8(3);
8. **Moayeri H**, Oloomi Z. ***Prevalence of dyslipidemia in children and adolescents with type I diabetes mellitus.*** Iranian J of Pediatr. 2006; 16(2); 171-176 .
9. **Moayeri H**, Rabbani A. ***Quality of metabolic control in patient adolescents with type I diabetes.*** Iranian J of Pediatr. Sep 2006; 16(3);
10. Oloomi Z, **Moayeri H.** ***Cytomegalovirus infection associated hemophagocytic syndrome.*** Arch Iranian. Med 2006; 4(3): 284-7.
11. Bidad K, Anari S, Aghamohammadi A, **Moayeri H.** ***Prevalence and correlate of snoring in adolescents.*** Iranian J of Allergy, Asthma and Immunology. 2006 Sep; 5(3): 127-132.
12. **Moayeri H**, Oloomi Z. ***Hypereosinophilic syndrome, a case and literature review*** Acta Medica Iranica. 2006; 44(4)

13. Oloomi Z, Moayeri H. *Acute lymphoblastic leukemia a without circulating blasts presenting as severe hypercalcemia*. Acta Medica Iranica. 2006; 44(4):
14. Moayeri H, Amirhakimi G. *Experience with 68 girls with Turner's syndrome and evaluation of final height in 26 patients treated with growth hormone with or without oxandrolone*. International J of Endocri and Metab. 2005 Dec; 4(3):193-198.
15. Moayeri H, Bahremand Sh. *Prevalence of celiac disease in patients with Turner's syndrome*. Acta Med Iranian. 2005 Aug; 43(4); 287-90.
16. Bahremand Sh, Zamani A, Moayeri H. *Evaluation of triple and quadruple regimen in eradication of H.pylori infection*. Med J of Islamic Republic of Iran. 2005 May; 19(1):29-33.
17. Bahremand Sh, Aghighi Y, Oloomi Z, Moayeri H. *Evaluation of laboratory findings in children with Wilson's disease*. 2005 Feb; 18(4): 327-330.
18. Moayeri H, Nichnejad A. *Prevalence of impaired glucose tolerance and hyperlipidemia in obese children and adolescents*. The Journal of Uremia University of Medical Sciences. Spring 2005; 16(1):35-9.
19. Moayeri H, Bahremand Sh. *Prevalence of celiac diseases in children and adolescents with type I diabetes mellitus*. Med J of Islamic Republic of Iran. 2004 May; 18(1); 39-43.
20. Moayeri H, Aghighi Y. *A prospective study of etiology of short stature in 426 short children and adolescents*. Arch of Iranian Med. 2004 Jan; 7(1): 23-27.
21. Afsharpaman S, Moayeri H. *Prevalence of growth hormone deficiency in children with short stature*. Iranian J of Pediatr 2004; 14(2): 89-93.
22. Moayeri H, Mostafavi F, Golabi Dezfoli P. *The changes of serum sodium, potassium, glucose and blood gases during the first eight hours of treatment in diabetic ketoacidosis*. Iranian J of Endocrinol and Metab Summer 2004; 6 (2): 123-131.
23. Haghshenas Z, Daneshjou Kh, Moayeri H. *More common infections in type I diabetic children*. Iranian J of Pediatrics. 2004; 62(7): 565-71.
24. Moayeri H, Aghighi Y. *Congenital adrenal hyperplasia*. Journal of Medical council of Islamic Republic of IRAN. Autumn 2004; 22(3): 230-244.

25. **Moayeri H, Rabbani A. Prevalence of autoantibodies to thyroid peroxidase and autoimmune thyroid diseases in type 1 diabetes mellitus.** Acta Med Iranica. 2004; 42 (4): 267-71.
26. **Moayeri H, Rabbani A. Non classic 21 hydroxylase deficient adrenal hyperplasia in patients with isolated precocious pubarche.** Acta Med Iranica. 2003; 41(3):171-74.
27. **Haghshenas Z, Kheihani Doust Z, Daneshjou Kh, Moayeri H. Clinical manifestations of Turner syndrome, A survey of 71 cases.** Iranian J of Pediatrics. Spring 2003; 13(1):77-82.
28. **Moayeri H, Aghighi Y. The prevalence of malnutrition related diabetes in Tehran Province J of Medical Council.** 2003 Autumn; 21(3): 218-22.
29. **Moayeri H, Haghshenas Z. Prevalence of thyrotoxicosis: Clinical presentation and results of treatment in 384 patients with goiter under 18 years.** Acta Med Iranica. 2002; 40(4): 241-43.
30. **Moayeri H, Haghshenas Z. A prospective study of etiology of primary amenorrhea with especial evaluation for non classic congenital adrenal hyperplasia due to 21 hydroxylase deficiency.** Acta Med Iranica. 2002; 40(3): 152-4.
31. **Moayeri H, Testicular feminization syndrome report of 3 cases of in a family.** Iranian J of Pediatr. 2002; 12(4): 6-8.
32. **Moayeri H, Rabbani A. Frequency of different types of precocious puberty, determining the predisposing factor and need for treatment in Imam Hospital.** 2002; 60 (2): 124-130.
33. **Moayeri H, Rahvarian M. A prospective study of height, age and bone age in children with precocious puberty.** The Journal of faculty of Medicine (Tehran University of Medical Sciences). 2002; 60(2):131-38.
34. **Moayeri H, Rabbani A. A prospective study of etiology of hirsutism and screening for non classic congenital adrenal hyperplasia.** Acta Medica Iranica. 2002; 38(4): 238-40.
35. **Moayeri H, Rabbani A. 11 hydroxylase deficient form of congenital adrenal hyperplasia with bilateral testicular tumors and True Precocious puberty.** The Journal of Faculty of Medicine (Tehran University of Medical Sciences. Summer 2002; 60(3): 179-185.

36. Oloomi Z, **Moayeri H**, Bahremand Sh. *Prevalence of hyperuricemia in children with leukemia and lymphoma*. The Journal of faculty of Medicine (Tehran University Sciences) 2007; (in press).
37. **Moayeri H**, Rabbani A. *Prevalence of goiter and thyroid disorders in diabetic children*. The Journal of faculty of Medicine (Tehran University) 2001; 59(3): 5-8.
38. **Moayeri H**, Rabbani A. *Report of 285 patients with congenital adrenal hyperplasia and evaluation of approximate prevalence of the disease in Iran*. 2000; 37(2): 102-5.
39. Dietary Intakes of Adolescent Girls in Relation to Weight Status; **K Bidad 1, Sh Anari1, S Tavasoli 1&2, L Nazemi 3, N Gholami 4, S Zadhush 4, H Moayeri 4, Iranian J Publ Health, Vol. 37, No.1, 2008, pp.114-118.**
40. Overweight Adolescents: A Group at Risk for Metabolic Syndrome (Tehran Adolescent Obesity Study); Heshmat Moayeri MD\*, Ali Rabbani MD\*, Zarrin-Tag Keihanidoust MD\*, Katayoon Bidad MD\*, Shahab Anari MD\* Arch Iranian Med 2008; 11 (1): 10 – 15.
41. Effect of Growth Hormone Replacement Therapy on Thyroid Function Tests in Growth Hormone Deficient Children. **H. Moayeri**, A. Hemati, K. Bidad and H. Dalili, Acta Medica Iranica. Nov- Dec 2008, Vol 46, N. 6, P: 473-476.
42. Leptin and Immunology of obesity. K. Bidad, **H. Moayeri**, M.H, Nicknam. Iranian Journal of diabetes and lipid disorders. 2010;vol 9, P:1-9.
43. Dietary intake of adolescents girls in relation to weight status. K. Bidad, Sh.Anari, S. Tavasolli, L. Nazemi, N. Gholami, S. Zadhush, **H. Moayeri**. Iranian J Public Health.2008; Vol 37, N.1, P:114-118.
44. The evaluation of 25-hydroxy vitamin D, calcium, phosphate and alkaline phosphatase levels in epileptic children under antiepileptic medication. Z. Keyhani doost, **H. Moayeri**, N. Khosroshahi, R. Molatefi.

## Abstracts (2000- Present)

### *1: In journals:*

1. **Moayeri H, Oloomi Z. Prevalence of autoantibodies to thyroid peroxidase and autoimmune thyroid diseases in girls with Turner's syndrome.** Hormone Research 2006; Suppl 4, 65.
2. **Oloomi Z, Moayeri H. Prevalence of delay of growth and puberty with respect to growth hormone and gonadotropin secretion in patients with beta thalassemia major.** Hormone Research 2006; Suppl 4, 65.
3. **Moayeri H, Oloomi Z. Experience with 285 patients with congenital adrenal hyperplasia in neonatal period.** J of perinatal Medicine 2005; Suppl 1; 33.
4. **Bidad K, Anari S, Moayeri H. Snoring and its association with asthma in Tehrani adolescents.** The Journal of Rinologia. 2006 Feb; 71(1).
5. **Anari S, Bidad K, Gholami N, Zadhoosh S, Moayeri H. Relation of asthma with Waist and hip circumference in adolescents.** European Respiratory Journal 2006; Suppl; 50, 28.
6. **Bidad K, Anari S, Aghamohammadi A, Pourpak Z, Moayeri H. Prevalence and Correlates of snoring in adolescents in Tehran, Iran.** European Respiratory Journal 2006; Suppl; 50, 28.
7. **Anari S, Moayeri H. Prevalence of allergy and asthma in adolescents. Iranian Journal of Allergy and Asthma.** 2005; Suppl 1; 4.
8. **Bidad K, Moayeri H. Asthma in related to dietary factors among pupils in Tehran.** Iranian Journal of Allergy and Asthma. 2005; Suppl 1;4.
9. **Bidad K, Moayeri H, Rabbani A. Prevalence of asthma related to BMI in students.** Iranian Journal of Allergy and Asthma. 2005; Suppl 1;4.
10. **Bidad K, Moayeri H, Anari S. Snoring and its association with asthma in Tehrani adolescents.** Iranian Journal of Allergy and Asthma. 2005; Suppl 1; 4.

## **2- Abstract books: (2000- Present)**

1. Bidad K, Anari S, *Moayeri H. Asthma and allergy in Tehran, Iran, 2004-2005.* European Academy of Allergy and Clinical Immunology (EAACI 2006); 10-14 June 2006. Vienna, Austria. Abstract book
2. *Moayeri H, Oloomi Z. Association between vitamin D status and smoking in a group of Iranian female population.* 4th World Assembly on Tobacco Counters Health (Watch 2005). 5-9 Dec 2005; New Delhi, India. Abstract book.

## **Conference Presentations (2000- Present)**

1. Bilateral adrenal rest tumor and true precocious puberty in 11 beta hydroxylase deficient congenital adrenal hyperplasia (oral). The 12<sup>th</sup> international congress of Pediatrics Oct 2000; Tehran, Iran.
2. Thyroid disorders in children with type 1 diabetes (oral). 14<sup>th</sup> International Congress of Pediatrics Oct 2002; Tehran, Iran.
3. Prevalence of celiac disease in children with type 1 diabetes. 13<sup>th</sup> International Congress of Pediatrics Oct 2001; Tehran, Iran.
4. Complications of hypothyroidism and hyperthyroidism during pregnancy. 8<sup>th</sup> International Congress of Obstetrics and Gynecology. Nov 2002; Tehran, Iran.
5. Postpartum thyroiditis. 9<sup>th</sup> International Congress of Obstetrics and Gynecology Nov 2003; Tehran, Iran.
6. Screening for microvascular complications in patients with type 1 diabetes (oral). Annual Congress of Iranian Society of Pediatrics. May 2003; Tehran, Iran.
7. Outpatient management of type 1 diabetes at home and office. 15<sup>th</sup> International Congress of Pediatrics. Oct 2003; Tehran, Iran.
8. Report of 285 patients, with congenital adrenal hyperplasia with approximate prevalence of the diseases in Iran. 16<sup>th</sup> International Congress of Pediatrics. Oct 2004; Tehran, Iran.
9. Novel topics in diagnosis and treatment of congenital adrenal hyperplasia. Annual Congress of Iranian Society of Pediatrics. April 2004; Tehran, Iran.
10. Genetics of congenital adrenal hyperplasia (oral). The 1<sup>st</sup> Congress of Genetics of the Diseases. Nov 2004; Tehran, Iran.
11. Prevalence of microalbuminuria in type 1 diabetic children (oral). 17<sup>th</sup> International Congress of Pediatrics Oct 2005; Tehran, Iran.
12. Prevalence of overweight and obesity in pupils with 11-17 years of age in Tehran. 17<sup>th</sup> International Congress of Pediatrics. Oct 2005; Tehran, Iran.



13. Prevalence of asthma and allergy in Iranian adolescents. 17<sup>th</sup> International Congress of Pediatrics. Oct 2005; Tehran, Iran.
14. Asthma in relation to dietary factors among pupils in Tehran. The 2<sup>nd</sup> Iranian Asthma Meeting. Nov 2005; Tehran, Iran.
15. Novel topics in growth hormone therapy (oral). Annual Congress of Iranian Society of Pediatrics. May 2005; Tehran, Iran.
16. The prevalence of malnutrition related diabetes mellitus in Tehran Province. Iran. The 2<sup>nd</sup> Sarver Festival of Children Researches. Nov 2004; Mashhad, Iran.
17. Prevalence of asthma related to BMI in Tehran Students. The 2<sup>nd</sup> Iranian Asthma Meeting. Nov 2004; Tehran, Iran.
18. Novel topics in diagnosis and treatment of congenital adrenal hyperplasia conference on Novel Topics in Pediatrics Endocrinology. Jul 2005; Mashhad, Iran.
19. Overweight and obesity and their, associated factors. 13<sup>th</sup> International Congress of Endocrine Disorders. May 2006; Tehran, Iran.
20. Quality of metabolic control in patients with type 1 diabetes. 18<sup>th</sup> International Congress of Pediatrics. Nov 2006; Tehran, Iran.
21. Prenatal diagnosis of congenital adrenal hyperplasia. 10<sup>th</sup> International Congress of Obstetrics and Gynecology. Nov 2006; Tehran, Iran.

***ESPE Meeting Presentations***

1. ***Moayeri H***, Oloomi Z. Prevalence of autoantibodies to thyroid peroxidase and autoimmune thyroid disease in girls with Turner's syndrome. ESPE 2006
2. Oloomi Z, ***Moayeri H***. Prevalence of delay of growth and puberty with respect to growth hormone and gonadotropin secretion in patients with beta thalassemia major. ESPE 2006.

(Really, I was the first author of this presentation as you see in paper published in Arch Iranian Medicine 2006 No (paper No 4 in publications)

***Research Interests:***

- \* Diabetes and thyroid disorders in children
- \* Congenital adrenal hyperplasia
- \* Growth and puberty